

应用心理学专业教学培养方案

一、培养目标

本专业以本专业按照德、智、体全面发展的教育方针为指导，培养具有较为全面的心理学理论知识，熟练掌握心理测量，心理实验和心理咨询与辅导技能，同时具备一定的法学和管理学知识和能力，能在教育、司法、行政管理、工程设计、企业、医疗卫生、社区等部门从事教学、科研、经营、管理、咨询、治疗和人力资源开发等工作的心理学应用性人才。

二、培养要求

本专业学生主要通过心理学理论知识的学习和实践的参与，使学生具备基本的心理学理论素养，掌握心理测量和实验的方法技能，掌握心理咨询与辅导的基本方法技能，使学生具备运用心理学的理论与方法解决社会发展过程中出现的社会问题的能力；使学生具备解决社会管理领域、社会文化建设领域和个人发展领域出现的实际问题的能力。

毕业生应获得以下几方面的知识和能力：

1. 掌握马克思主义基本原理和心理学的基本理论、基本知识，熟悉心理学的主要理论，并善于运用哲学思维和心理学的理论分析各种实际问题；
2. 熟练掌握心理学的各种技能和方法，善于运用心理学理论、知识和方法帮助他人解决人生中的困惑，帮助他人走出困境，促进他人恢复信心、发展潜能，促进人们幸福感的提升；
3. 熟练掌握心理统计与心理学的研究方法，熟练掌握心理实验的方法，具有运用心理统计、心理实验的方法解决实际问题的能力；
4. 能够了解党和政府的重大方针、政策、法律和法规，了解国情，具有一定的通过心理学的工作实践和研究工作对某些社会政策和决策产生影响的能力；
5. 具有初步的科学研究能力，具有一定的以心理学的视野分析各种社会现象和问题的能力，具有较强的论文写作和语言表达能力；
6. 掌握文件检索、资料查询的方法，具有了解现代心理学前沿理论和学科发展水平的能力；
7. 熟练掌握一门外语，使外语成为获取新知识和对外交流的工具。

三、主要专业课程

主要课程：普通心理学、心理统计与心理学研究方法、实验心理学、社会心理学、发展心理学、犯罪心理学、法律心理学、认知心理学、心理测量、人格心理学、管理心理学、咨询心理学、矫治心理学、团体心理咨询与辅导等

四、主要实践性教学环节

军事技能、认识实习、专业实习、毕业实习、毕业论文等。

五、修业年限与毕业学分

修业年限：四年；毕业学分：170

六、授予学位

教育学学士

The Teaching Program of Applied Psychology

I . Training objectives

In accordance with the education policy of moral, intellectual and physical development, the profession trains talents with a more comprehensive knowledge of psychological theory, psychological measurement, experimentation and psychological counseling and psychological counseling skills, along with a certain law and management knowledge and ability, in education, justice, administration, engineering, business, health, community and other departments engaged in teaching, research, management, administration, counseling, treatment and human resource development and other work psychology applied expertise.

II. Training Requirements

The study of psychological theory and practice enable students to acquire basic theoretical knowledge of psychology, psychological measurement and experimental methods skills, psychological counseling and guidance, to use of psychological theories and methods to solve the social development problems, to have the ability to solve practical problems in social management, social and cultural construction field and the field of personal development.

The knowledge and abilities which graduates should acquire:

1. Students should master basic Marxist principle and basic theory of psychology, basic knowledge, should be familiar with major theories of psychology and analyze various practical problems using philosophical thinking and psychological theories proficiently.
2. Students should master the skills and methods of psychology, help others to solve puzzles in life using psychological theory, help others out of the woods, and promote others to regain confidence, develop their potential and to promote the happiness of the upgrade;
3. Students should master the Statistics and Research Methods in Psychology, master psychological experimental methods, have the ability to solve practical problems using psychological statistics and experimental psychology methods;
4. Students should understand China' s laws and regulations, and the important policies of our Party and government, have ability to influence certain social policy and decision-making through psychology and research work;
5. Students should have preliminary ability to do scientific research, have ability to analyze various social phenomena and problems in the view of psychology, have strong writing and language expression skills;
6. Students should master the basic ways and means of document retrieval and data query, with the understanding of modern psychology theory and academic development ability;
7. Students should master a foreign language proficiently, which can be a tool of acquire new knowledge and language communication.

III. Main courses

General psychology, psychological statistics and psychology research methods, experimental psychology, social psychology, developmental psychology, criminal psychology, psychology of law, cognitive psychology, psychometrics, personality psychology, management psychology, counseling psychology, psychological treatment, group psychological counseling and guidance.

IV. The main teaching practice

Military skills, cognitive practice, professional practice, graduation practice, graduation dissertation, etc.

V. Length of schooling and credits

Length of schooling: 4 years; graduation credits: 170

VI. Academic degree

Bachelor of Education